



GROUP FITNESS INSTRUCTOR TRAINING COURSES

FITA®

Learn basics of leading class, moving to music, cueing and warm up choreography. All experience levels.

WORKSHOPS

BODY WORKS

Sculpt and tone with a high repetition, light dumbbell workout. Suggested pre-requisite: FITA®.

KICKBOX CARDIO

Kick, punch, bob, and weave in this cardio filled, high energy class. Suggested pre-requisite: FITA®.

AQUA FIT

Water workout filled with body-weight and water resistance dumbbell training. Suggested pre-requisite: FITA®.

POWER CIRCUIT

High intensity interval class with sculpting and crushing cardio bursts. Suggested pre-requisite: FITA®.

Registration Steps

1. Print and complete FITA and/or Workshop Registration form, go to www.lafitness.com under "Career Opportunities".
2. Mail form, money order/check payable to Fitness Intl., Attn: Group Fitness, PO Box 54104, Irvine, CA, 92619-4104
3. Early Registration: \$99 per training post marked 7 days prior. (\$169 General Admission)

DATE	TIME	ST	TRAINING/WKSP	PRESENTER	LOCATION - ADDRESS
7/8/22	4-6pm	AZ	POWER CIRCUIT	BARBIE	AHWATUKEE WEST - 4836 E. CHANDLER BLVD, PHOENIX, AZ, 85048
7/8/22	6-8pm	AZ	AQUA FIT	BARBIE	AHWATUKEE WEST - 4836 E. CHANDLER BLVD, PHOENIX, AZ, 85048
7/8/22	4-6pm	OR	POWER CIRCUIT	MONICA	LLOYD CENTER - 1270 NE WEIDLER ST, PORTLAND, OR 97232
7/8/22	6-8pm	OR	AQUA FIT	MONICA	LLOYD CENTER - 1270 NE WEIDLER ST, PORTLAND, OR 97232
7/9/22	12-6pm	AZ	FITA®	BARBIE	AHWATUKEE WEST - 4836 E. CHANDLER BLVD, PHOENIX, AZ, 85048
7/9/22	12-6pm	OR	FITA®	MONICA	LLOYD CENTER - 1270 NE WEIDLER ST, PORTLAND, OR 97232
7/10/22	12-2:30pm	AZ	BODY WORKS	BARBIE	AHWATUKEE WEST - 4836 E. CHANDLER BLVD, PHOENIX, AZ, 85048
7/10/22	2:30-5pm	AZ	KICKBOX CARDIO	BARBIE	AHWATUKEE WEST - 4836 E. CHANDLER BLVD, PHOENIX, AZ, 85048
7/10/22	12-2:30pm	OR	BODY WORKS	MONICA	LLOYD CENTER - 1270 NE WEIDLER ST, PORTLAND, OR 97232
7/10/22	2:30-5pm	OR	KICKBOX CARDIO	MONICA	LLOYD CENTER - 1270 NE WEIDLER ST, PORTLAND, OR 97232
7/22/22	4-6pm	CA	POWER CIRCUIT	MONICA	LONG BEACH BELLFLOWER - 2180 N BELLFLOWER BLVD, LONG BEACH, CA, 90815
7/22/22	6-8pm	CA	AQUA FIT	MONICA	LONG BEACH BELLFLOWER - 2180 N BELLFLOWER BLVD, LONG BEACH, CA, 90815
7/22/22	4-6pm	FL	POWER CIRCUIT	LEEANN	ORLANDO METRO WEST - 4792 S. KIRKMAN ROAD, ORLANDO, FL, 32811
7/22/22	6-8pm	FL	AQUA FIT	LEEANN	ORLANDO METRO WEST - 4792 S. KIRKMAN ROAD, ORLANDO, FL, 32811
7/22/22	4-6pm	TX	POWER CIRCUIT	KATHIE	SAN ANTONIO - NORTH LP - 7140 BLANCO ROAD, SAN ANTONIO, TX, 78216
7/22/22	6-8pm	TX	AQUA FIT	KATHIE	SAN ANTONIO - NORTH LP - 7140 BLANCO ROAD, SAN ANTONIO, TX, 78216
7/23/22	12-6pm	CA	FITA®	MONICA	LONG BEACH BELLFLOWER - 2180 N BELLFLOWER BLVD, LONG BEACH, CA, 90815
7/23/22	12-6pm	FL	FITA®	LEEANN	ORLANDO METRO WEST - 4792 S. KIRKMAN ROAD, ORLANDO, FL, 32811
7/23/22	12-6pm	TX	FITA®	KATHIE	SAN ANTONIO - NORTH LP - 7140 BLANCO ROAD, SAN ANTONIO, TX, 78216
7/24/22	12-2:30pm	CA	BODY WORKS	MONICA	LONG BEACH BELLFLOWER - 2180 N BELLFLOWER BLVD, LONG BEACH, CA, 90815
7/24/22	2:30-5pm	CA	KICKBOX CARDIO	MONICA	LONG BEACH BELLFLOWER - 2180 N BELLFLOWER BLVD, LONG BEACH, CA, 90815
7/24/22	12-2:30pm	FL	BODY WORKS	LEEANN	ORLANDO METRO WEST - 4792 S. KIRKMAN ROAD, ORLANDO, FL, 32811
7/24/22	2:30-5pm	FL	KICKBOX CARDIO	LEEANN	ORLANDO METRO WEST - 4792 S. KIRKMAN ROAD, ORLANDO, FL, 32811
7/24/22	12-2:30pm	TX	BODY WORKS	KATHIE	SAN ANTONIO - NORTH LP - 7140 BLANCO ROAD, SAN ANTONIO, TX, 78216
7/24/22	2:30-5pm	TX	KICKBOX CARDIO	KATHIE	SAN ANTONIO - NORTH LP - 7140 BLANCO ROAD, SAN ANTONIO, TX, 78216
7/29/22	4-6pm	NJ	POWER CIRCUIT	JOY	KEARNY - 175 PASSAIC AVE, KEARNY, NJ, 07032
7/29/22	6-8pm	NJ	AQUA FIT	JOY	KEARNY - 175 PASSAIC AVE, KEARNY, NJ, 07032
7/30/22	12-6pm	NJ	FITA®	JOY	KEARNY - 175 PASSAIC AVE, KEARNY, NJ, 07032
7/31/22	12-2:30pm	NJ	BODY WORKS	JOY	KEARNY - 175 PASSAIC AVE, KEARNY, NJ, 07032
7/31/22	2:30-5pm	NJ	KICKBOX CARDIO	JOY	KEARNY - 175 PASSAIC AVE, KEARNY, NJ, 07032
DATE	TIME	ST	TRAINING/WKSP	PRESENTER	LOCATION
8/5/22	4-6pm	TX	POWER CIRCUIT	LORI	CEDAR PARK - WHITESTONE - 825 W WHITESTONE BLVD, CEDAR PARK, TX 78613
8/5/22	6-8pm	TX	AQUA FIT	LORI	CEDAR PARK - WHITESTONE - 825 W WHITESTONE BLVD, CEDAR PARK, TX 78613
8/6/22	12-6pm	TX	FITA®	LORI	CEDAR PARK - WHITESTONE - 825 W WHITESTONE BLVD, CEDAR PARK, TX 78613

8/7/22	12-2:30pm	TX	BODY WORKS	LORI	CEDAR PARK - WHITESTONE - 825 W WHITESTONE BLVD, CEDAR PARK, TX 78613
8/7/22	2:30-5pm	TX	KICKBOX CARDIO	LORI	CEDAR PARK - WHITESTONE - 825 W WHITESTONE BLVD, CEDAR PARK, TX 78613
8/12/22	4-6pm	WA	POWER CIRCUIT	MONICA	BELLEVUE KELSEY CREEK - 15053 MAIN STREET, BELLEVUE, WA, 98007
8/12/22	6-8pm	WA	AQUA FIT	MONICA	BELLEVUE KELSEY CREEK - 15053 MAIN STREET, BELLEVUE, WA, 98007
8/13/22	12-6pm	WA	FITA®	MONICA	BELLEVUE KELSEY CREEK - 15053 MAIN STREET, BELLEVUE, WA, 98007
8/14/22	12-2:30pm	WA	BODY WORKS	MONICA	BELLEVUE KELSEY CREEK - 15053 MAIN STREET, BELLEVUE, WA, 98007
8/14/22	2:30-5pm	WA	KICKBOX CARDIO	MONICA	BELLEVUE KELSEY CREEK - 15053 MAIN STREET, BELLEVUE, WA, 98007
8/19/22	4-6pm	OH	POWER CIRCUIT	JOANNA	CENTERVILLE - 45 WEST ALEX BELL ROAD, CENTERVILLE, OH, 45459
8/19/22	6-8pm	OH	AQUA FIT	JOANNA	CENTERVILLE - 45 WEST ALEX BELL ROAD, CENTERVILLE, OH, 45459
8/19/22	4-6pm	CA	POWER CIRCUIT	MONICA	HAYWARD WHIPPLE - 2401 WHIPPLE RD, HAYWARD, CA, 94544
8/19/22	6-8pm	CA	AQUA FIT	MONICA	HAYWARD WHIPPLE - 2401 WHIPPLE RD, HAYWARD, CA, 94544
8/19/22	4-6pm	TX	POWER CIRCUIT	KATHIE	HOUSTON GESSNER/KEMP - 2740 GESSNER RD, HOUSTON, TX, 77080
8/19/22	6-8pm	TX	AQUA FIT	KATHIE	HOUSTON GESSNER/KEMP - 2740 GESSNER RD, HOUSTON, TX, 77080
8/19/22	4-6pm	MI	POWER CIRCUIT	LORI	ROYAL OAK - 25352 WOODWARD AVE, ROYAL OAK, MI, 48067
8/19/22	6-8pm	MI	AQUA FIT	LORI	ROYAL OAK - 25352 WOODWARD AVE, ROYAL OAK, MI, 48067
8/19/22	4-6pm	NY	POWER CIRCUIT	JOY	STATEN ISLAND HYLAN - 2656 HYLAN BL 2ND FL, S #250, STATEN ISLAND, NY, 10306
8/19/22	6-8pm	NY	AQUA FIT	JOY	STATEN ISLAND HYLAN - 2656 HYLAN BL 2ND FL, S #250, STATEN ISLAND, NY, 10306
8/20/22	12-6pm	OH	FITA®	JOANNA	CENTERVILLE - 45 WEST ALEX BELL ROAD, CENTERVILLE, OH, 45459
8/20/22	12-6PM	CA	FITA®	MONICA	HAYWARD WHIPPLE - 2401 WHIPPLE RD, HAYWARD, CA, 94544
8/20/22	12-6PM	TX	FITA®	KATHIE	HOUSTON GESSNER/KEMP - 2740 GESSNER RD, HOUSTON, TX, 77080
8/20/22	12-6pm	MI	FITA®	LORI	ROYAL OAK - 25352 WOODWARD AVE, ROYAL OAK, MI, 48067
8/20/22	12-6pm	NY	FITA®	JOY	STATEN ISLAND HYLAN - 2656 HYLAN BL 2ND FL, #250, STATEN ISLAND, NY, 10306
8/21/22	12-2:30pm	OH	BODY WORKS	JOANNA	CENTERVILLE - 45 WEST ALEX BELL ROAD, CENTERVILLE, OH, 45459
8/21/22	2:30-5pm	OH	KICKBOX CARDIO	JOANNA	CENTERVILLE - 45 WEST ALEX BELL ROAD, CENTERVILLE, OH, 45459
8/21/22	12-2:30pm	CA	BODY WORKS	MONICA	HAYWARD WHIPPLE - 2401 WHIPPLE RD, HAYWARD, CA, 94544
8/21/22	2:30-5pm	CA	KICKBOX CARDIO	MONICA	HAYWARD WHIPPLE - 2401 WHIPPLE RD, HAYWARD, CA, 94544
8/21/22	12-2:30pm	TX	BODY WORKS	KATHIE	HOUSTON GESSNER/KEMP - 2740 GESSNER RD, HOUSTON, TX, 77080
8/21/22	2:30-5pm	TX	KICKBOX CARDIO	KATHIE	HOUSTON GESSNER/KEMP - 2740 GESSNER RD, HOUSTON, TX, 77080
8/21/22	12-2:30pm	MI	BODY WORKS	LORI	ROYAL OAK - 25352 WOODWARD AVE, ROYAL OAK, MI, 48067
8/21/22	2:30-5pm	MI	KICKBOX CARDIO	LORI	ROYAL OAK - 25352 WOODWARD AVE, ROYAL OAK, MI, 48067
8/21/22	12-2:30pm	NY	BODY WORKS	JOY	STATEN ISLAND HYLAN - 2656 HYLAN BL 2ND FL, S #250, STATEN ISLAND, NY, 10306
8/21/22	2:30-5pm	NY	KICKBOX CARDIO	JOY	STATEN ISLAND HYLAN - 2656 HYLAN BL 2ND FL, S #250, STATEN ISLAND, NY, 10306

DATE	TIME	ST	TRAINING/WKSP	PRESENTER	LOCATION
9/16/22	4-6pm	OH	POWER CIRCUIT	JOANNA	COLUMBUS EAST BROAD - 6585 EAST BROAD STREET, COLUMBUS, OH, 43213
9/16/22	6-8pm	OH	AQUA FIT	JOANNA	COLUMBUS EAST BROAD - 6585 EAST BROAD STREET, COLUMBUS, OH, 43213
9/16/22	4-6pm	AZ	POWER CIRCUIT	BARBIE	GILBERT S HIGLEY - 1310 S HIGLEY ROAD, GILBERT, AZ, 85296
9/16/22	6-8pm	AZ	AQUA FIT	BARBIE	GILBERT S HIGLEY - 1310 S HIGLEY ROAD, GILBERT, AZ, 85296
9/16/22	4-6pm	CA	POWER CIRCUIT	MONICA	IRVINE JAMBOREE - 2880 MICHELLE DRIVE, IRVINE, CA, 92606
9/16/22	6-8pm	CA	AQUA FIT	MONICA	IRVINE JAMBOREE - 2880 MICHELLE DRIVE, IRVINE, CA, 92606
9/16/22	4-6pm	TX	POWER CIRCUIT	LORI	LAS COLINAS - 5550 N. MACARTHUR BLVD., IRVING, TX 75038
9/16/22	6-8pm	TX	AQUA FIT	LORI	LAS COLINAS - 5550 N. MACARTHUR BLVD., IRVING, TX 75038
9/16/22	4-6pm	AR	POWER CIRCUIT	KATHIE	LITTLE ROCK S UNIVERSITY - 304 S UNIVERSITY AVE LITTLE ROCK AR 72205
9/16/22	6-8pm	AR	AQUA FIT	KATHIE	LITTLE ROCK S UNIVERSITY - 304 S UNIVERSITY AVE LITTLE ROCK AR 72205
9/16/22	4-6pm	FL	POWER CIRCUIT	LEEANN	TAMPA - S DALE MABRY - 301 S DALE MABRY HWY TAMPA, FL 33609
9/16/22	6-8pm	FL	AQUA FIT	LEEANN	TAMPA - S DALE MABRY - 301 S DALE MABRY HWY TAMPA, FL 33609
9/17/22	12-6pm	OH	FITA®	TRACEY	SPRINGFIELD TOWN CTR, VA - 6565 SPRINGFIELD MALL, SPRINGFIELD, VA 22150
9/17/22	12-6pm	OH	FITA®	JOANNA	COLUMBUS EAST BROAD - 6585 EAST BROAD STREET, COLUMBUS, OH, 43213
9/17/22	12-6pm	AZ	FITA®	BARBIE	GILBERT S HIGLEY - 1310 S HIGLEY ROAD, GILBERT, AZ, 85296
9/17/22	12-6pm	CA	FITA®	MONICA	IRVINE JAMBOREE - 2880 MICHELLE DRIVE, IRVINE, CA, 92606
9/17/22	12-6pm	TX	FITA®	LORI	LAS COLINAS - 5550 N. MACARTHUR BLVD., IRVING, TX 75038
9/17/22	12-6pm	AR	FITA®	KATHIE	LITTLE ROCK S UNIVERSITY - 304 S UNIVERSITY AVE LITTLE ROCK AR 72205
9/17/22	12-6pm	GA	FITA®	BIRGIT	NORCROSS PEACHTREE - 6131 PEACHTREE PKY, PEACHTREE CORNERS, GA, 30092
9/17/22	12-6pm	FL	FITA®	LEEANN	TAMPA - S DALE MABRY - 301 S DALE MABRY HWY TAMPA, FL 33609
9/18/22	12-2:30pm	OH	BODY WORKS	JOANNA	COLUMBUS EAST BROAD - 6585 EAST BROAD STREET, COLUMBUS, OH, 43213
9/18/22	2:30-5pm	OH	KICKBOX CARDIO	JOANNA	COLUMBUS EAST BROAD - 6585 EAST BROAD STREET, COLUMBUS, OH, 43213
9/18/22	12-2:30pm	AZ	BODY WORKS	BARBIE	GILBERT S HIGLEY - 1310 S HIGLEY ROAD, GILBERT, AZ, 85296
9/18/22	2:30-5pm	AZ	KICKBOX CARDIO	BARBIE	GILBERT S HIGLEY - 1310 S HIGLEY ROAD, GILBERT, AZ, 85296
9/18/22	12-2:30pm	CA	BODY WORKS	MONICA	IRVINE JAMBOREE - 2880 MICHELLE DRIVE, IRVINE, CA, 92606
9/18/22	2:30-5pm	CA	KICKBOX CARDIO	MONICA	IRVINE JAMBOREE - 2880 MICHELLE DRIVE, IRVINE, CA, 92606
9/18/22	12-2:30pm	TX	BODY WORKS	LORI	LAS COLINAS - 5550 N. MACARTHUR BLVD., IRVING, TX 75038
9/18/22	2:30-5pm	TX	KICKBOX CARDIO	LORI	LAS COLINAS - 5550 N. MACARTHUR BLVD., IRVING, TX 75038

9/18/22	12-2:30pm	AR	BODY WORKS	KATHIE	LITTLE ROCK S UNIVERSITY - 304 S UNIVERSITY AVE LITTLE ROCK AR 72205
9/18/22	2:30-5pm	AR	KICKBOX CARDIO	KATHIE	LITTLE ROCK S UNIVERSITY - 304 S UNIVERSITY AVE LITTLE ROCK AR 72205
9/18/22	12-2:30pm	FL	BODY WORKS	LEEANN	TAMPA - S DALE MABRY - 301 S DALE MABRY HWY TAMPA, FL 33609
9/18/22	2:30-5pm	FL	KICKBOX CARDIO	LEEANN	TAMPA - S DALE MABRY - 301 S DALE MABRY HWY TAMPA, FL 33609
9/23/22	4-6pm	MA	POWER CIRCUIT	JOY	NATICK - 1 DEAN ROAD (SHERWOOD PLAZA), NATICK, MA, 01760
9/23/22	6-8pm	MA	AQUA FIT	JOY	NATICK - 1 DEAN ROAD (SHERWOOD PLAZA), NATICK, MA, 01760
9/24/22	12-6pm	MA	FITA®	JOY	NATICK - 1 DEAN ROAD (SHERWOOD PLAZA), NATICK, MA, 01760
9/25/22	12-2:30pm	MA	BODY WORKS	JOY	NATICK - 1 DEAN ROAD (SHERWOOD PLAZA), NATICK, MA, 01760
9/25/22	2:30-5pm	MA	KICKBOX CARDIO	JOY	NATICK - 1 DEAN ROAD (SHERWOOD PLAZA), NATICK, MA, 01760
9/30/22	4-6pm	NY	POWER CIRCUIT	LEE	ROCHESTER - EAST AVE - 78 ROCKWOOD ST, ROCHESTER, NY 14610
9/30/22	6-8pm	NY	AQUA FIT	LEE	ROCHESTER - EAST AVE - 78 ROCKWOOD ST, ROCHESTER, NY 14610
DATE	TIME	ST	TRAINING/WKSP	PRESENTER	LOCATION
10/1/22	12-6pm	NY	FITA®	LEE	ROCHESTER - EAST AVE - 78 ROCKWOOD ST, ROCHESTER, NY 14610
10/2/22	12-2:30pm	NY	BODY WORKS	LEE	ROCHESTER - EAST AVE - 78 ROCKWOOD ST, ROCHESTER, NY 14610
10/2/22	2:30-5pm	NY	KICKBOX CARDIO	LEE	ROCHESTER - EAST AVE - 78 ROCKWOOD ST, ROCHESTER, NY 14610
10/7/22	4-6pm	PA	POWER CIRCUIT	JOANNA	NORTH HILLS - 8700 DUNCAN AVENUE, PITTSBURGH, PA, 15237
10/7/22	6-8pm	PA	AQUA FIT	JOANNA	NORTH HILLS - 8700 DUNCAN AVENUE, PITTSBURGH, PA, 15237
10/7/22	4-6pm	CA	POWER CIRCUIT	MONICA	OCEANSIDE - VISTA WAY - 2335 VISTA WAY, OCEANSIDE, CA, 92054
10/7/22	6-8pm	CA	AQUA FIT	MONICA	OCEANSIDE - VISTA WAY - 2335 VISTA WAY, OCEANSIDE, CA, 92054
10/8/22	12-6pm	PA	FITA®	JOANNA	NORTH HILLS - 8700 DUNCAN AVENUE, PITTSBURGH, PA, 15237
10/8/22	12-6pm	CA	FITA®	MONICA	OCEANSIDE - VISTA WAY - 2335 VISTA WAY, OCEANSIDE, CA, 92054
10/9/22	12-2:30pm	PA	BODY WORKS	JOANNA	NORTH HILLS - 8700 DUNCAN AVENUE, PITTSBURGH, PA, 15237
10/9/22	2:30-5pm	PA	KICKBOX CARDIO	JOANNA	NORTH HILLS - 8700 DUNCAN AVENUE, PITTSBURGH, PA, 15237
10/9/22	12-2:30pm	CA	BODY WORKS	MONICA	OCEANSIDE - VISTA WAY - 2335 VISTA WAY, OCEANSIDE, CA, 92054
10/9/22	2:30-5pm	CA	KICKBOX CARDIO	MONICA	OCEANSIDE - VISTA WAY - 2335 VISTA WAY, OCEANSIDE, CA, 92054
10/14/22	4-6pm	PA	POWER CIRCUIT	LEE	OXFORD VALLEY - 7 CABOT BLVD., LANGHORNE, PA, 19047
10/14/22	6-8pm	PA	AQUA FIT	LEE	OXFORD VALLEY - 7 CABOT BLVD., LANGHORNE, PA, 19047
10/15/22	12-6pm	PA	FITA®	LEE	OXFORD VALLEY - 7 CABOT BLVD., LANGHORNE, PA, 19047
10/16/22	12-2:30pm	PA	BODY WORKS	LEE	OXFORD VALLEY - 7 CABOT BLVD., LANGHORNE, PA, 19047
10/16/22	2:30-5pm	PA	KICKBOX CARDIO	LEE	OXFORD VALLEY - 7 CABOT BLVD., LANGHORNE, PA, 19047
10/21/22	4-6pm	LA	POWER CIRCUIT	KATHIE	BATON ROUGE SIEGEN - 6474 SIEGEN LN, BATON ROUGE, LA 70809
10/21/22	6-8pm	LA	AQUA FIT	KATHIE	BATON ROUGE SIEGEN - 6474 SIEGEN LN, BATON ROUGE, LA 70809
10/21/22	4-6pm	NY	POWER CIRCUIT	JOY	GARDEN CITY - 711 STEWART AVE, GARDEN CITY, NY, 11530
10/21/22	6-8pm	NY	AQUA FIT	JOY	GARDEN CITY - 711 STEWART AVE, GARDEN CITY, NY, 11530
10/21/22	4-6pm	CA	POWER CIRCUIT	MONICA	GLENDORA - 820 S. GRAND AVENUE, GLENDORA, CA, 91740
10/21/22	6-8pm	CA	AQUA FIT	MONICA	GLENDORA - 820 S. GRAND AVENUE, GLENDORA, CA, 91740
10/21/22	4-6pm	IN	POWER CIRCUIT	JOANNA	LAWRENCE PENDLETON - 9930 PENDLETON PIKE, INDIANAPOLIS, IN, 46236
10/21/22	6-8pm	IN	AQUA FIT	JOANNA	LAWRENCE PENDLETON - 9930 PENDLETON PIKE, INDIANAPOLIS, IN, 46236
10/21/22	4-6pm	AZ	POWER CIRCUIT	BARBIE	PEORIA WEST - 8160 N 91ST AVENUE, PEORIA, AZ, 85345
10/21/22	6-8pm	AZ	AQUA FIT	BARBIE	PEORIA WEST - 8160 N 91ST AVENUE, PEORIA, AZ, 85345
10/21/22	4-6pm	MN	POWER CIRCUIT	LORI	ROSEVILLE CLEVELAND - 2420 CLEVELAND AVE. NORTH, ROSEVILLE, MN, 55113
10/21/22	6-8pm	MN	AQUA FIT	LORI	ROSEVILLE CLEVELAND - 2420 CLEVELAND AVE. NORTH, ROSEVILLE, MN, 55113
10/22/22	12-6pm	LA	FITA®	KATHIE	BATON ROUGE SIEGEN - 6474 SIEGEN LN, BATON ROUGE, LA 70809
10/22/22	12-6pm	NY	FITA®	JOY	GARDEN CITY - 711 STEWART AVE, GARDEN CITY, NY, 11530
10/22/22	12-6pm	CA	FITA®	MONICA	GLENDORA - 820 S. GRAND AVENUE, GLENDORA, CA, 91740
10/22/22	12-6pm	FL	FITA®	BIRGIT	JACK OLD ST AUG - 11250 OLD ST AUGUSTINE, STE 16 JACKSONVILLE, FL 32257
10/22/22	12-6pm	IN	FITA®	JOANNA	LAWRENCE PENDLETON - 9930 PENDLETON PIKE, INDIANAPOLIS, IN, 46236
10/22/22	12-6pm	AZ	FITA®	BARBIE	PEORIA WEST - 8160 N 91ST AVENUE, PEORIA, AZ, 85345
10/22/22	12-6pm	MN	FITA®	LORI	ROSEVILLE CLEVELAND - 2420 CLEVELAND AVE. NORTH, ROSEVILLE, MN, 55113
10/23/22	12-2:30pm	LA	BODY WORKS	KATHIE	BATON ROUGE SIEGEN - 6474 SIEGEN LN, BATON ROUGE, LA 70809
10/23/22	2:30-5pm	LA	KICKBOX CARDIO	KATHIE	BATON ROUGE SIEGEN - 6474 SIEGEN LN, BATON ROUGE, LA 70809
10/23/22	12-2:30pm	NY	BODY WORKS	JOY	GARDEN CITY - 711 STEWART AVE, GARDEN CITY, NY, 11530
10/23/22	2:30-5pm	NY	KICKBOX CARDIO	JOY	GARDEN CITY - 711 STEWART AVE, GARDEN CITY, NY, 11530
10/23/22	12-2:30pm	CA	BODY WORKS	MONICA	GLENDORA - 820 S. GRAND AVENUE, GLENDORA, CA, 91740
10/23/22	2:30-5pm	CA	KICKBOX CARDIO	MONICA	GLENDORA - 820 S. GRAND AVENUE, GLENDORA, CA, 91740
10/23/22	12-2:30pm	IN	BODY WORKS	JOANNA	LAWRENCE PENDLETON - 9930 PENDLETON PIKE, INDIANAPOLIS, IN, 46236
10/23/22	2:30-5pm	IN	KICKBOX CARDIO	JOANNA	LAWRENCE PENDLETON - 9930 PENDLETON PIKE, INDIANAPOLIS, IN, 46236
10/23/22	12-2:30pm	AZ	BODY WORKS	BARBIE	PEORIA WEST - 8160 N 91ST AVENUE, PEORIA, AZ, 85345
10/23/22	2:30-5pm	AZ	KICKBOX CARDIO	BARBIE	PEORIA WEST - 8160 N 91ST AVENUE, PEORIA, AZ, 85345
10/23/22	12-2:30pm	MN	BODY WORKS	LORI	ROSEVILLE CLEVELAND - 2420 CLEVELAND AVE. NORTH, ROSEVILLE, MN, 55113
10/23/22	2:30-5pm	MN	KICKBOX CARDIO	LORI	ROSEVILLE CLEVELAND - 2420 CLEVELAND AVE. NORTH, ROSEVILLE, MN, 55113

DATE	TIME	ST	TRAINING/WKSP	PRESENTER	LOCATION
11/4/22	4-6pm	CA	POWER CIRCUIT	MONICA	NORWALK IMP HWY - 12545 IMPERIAL HIGHWAY, NORWALK, CA, 90650
11/4/22	6-8pm	CA	AQUA FIT	MONICA	NORWALK IMP HWY - 12545 IMPERIAL HIGHWAY, NORWALK, CA, 90650
11/5/22	12-6pm	CA	FITA®	MONICA	NORWALK IMP HWY - 12545 IMPERIAL HIGHWAY, NORWALK, CA, 90650
11/6/22	12-2:30pm	CA	BODY WORKS	MONICA	NORWALK IMP HWY - 12545 IMPERIAL HIGHWAY, NORWALK, CA, 90650
11/6/22	2:30-5pm	CA	KICKBOX CARDIO	MONICA	NORWALK IMP HWY - 12545 IMPERIAL HIGHWAY, NORWALK, CA, 90650
11/11/22	4-6pm	FL	POWER CIRCUIT	LEE	ATLANTIC @ KERNAN - 11901 ATLANTIC BLVD STE 800, JACKSONVILLE, FL 32225
11/11/22	6-8pm	FL	AQUA FIT	LEE	ATLANTIC @ KERNAN - 11901 ATLANTIC BLVD STE 800, JACKSONVILLE, FL 32225
11/11/22	4-6pm	TX	POWER CIRCUIT	KATHIE	LEON VALLEY - 5601 BANDERA RD, LEON VALLEY, TX, 78238
11/11/22	6-8pm	TX	AQUA FIT	KATHIE	LEON VALLEY - 5601 BANDERA RD, LEON VALLEY, TX, 78238
11/11/22	4-6pm	IL	POWER CIRCUIT	LORI	NILES - TOUHY - 5701 W TOUHY AVE, NILES, IL, 60714
11/11/22	6-8pm	IL	AQUA FIT	LORI	NILES - TOUHY - 5701 W TOUHY AVE, NILES, IL, 60714
11/11/22	4-6pm	NJ	POWER CIRCUIT	JOY	NORTH BRUNSWICK - 536 MILLTOWN ROAD, NORTH BRUNSWICK, NJ, 08902
11/11/22	6-8pm	NJ	AQUA FIT	JOY	NORTH BRUNSWICK - 536 MILLTOWN ROAD, NORTH BRUNSWICK, NJ, 08902
11/11/22	4-6pm	OH	POWER CIRCUIT	JOANNA	OAKLEY - 4700 MARBURG AVE, CINCINNATI, OH, 45209
11/11/22	6-8pm	OH	AQUA FIT	JOANNA	OAKLEY - 4700 MARBURG AVE, CINCINNATI, OH, 45209
11/11/22	4-6pm	AZ	POWER CIRCUIT	BARBIE	ORO VALLEY - 8850 N ORACLE RD, ORO VALLEY, AZ, 85704
11/11/22	6-8pm	AZ	AQUA FIT	BARBIE	ORO VALLEY - 8850 N ORACLE RD, ORO VALLEY, AZ, 85704
11/12/22	12-6pm	FL	FITA®	LEE	ATLANTIC @ KERNAN - 11901 ATLANTIC BLVD STE 800, JACKSONVILLE, FL 32225
11/12/22	12-6pm	TX	FITA®	KATHIE	LEON VALLEY - 5601 BANDERA RD, LEON VALLEY, TX, 78238
11/12/22	12-6pm	IL	FITA®	LORI	NILES - TOUHY - 5701 W TOUHY AVE, NILES, IL, 60714
11/12/22	12-6pm	NJ	FITA®	JOY	NORTH BRUNSWICK - 536 MILLTOWN ROAD, NORTH BRUNSWICK, NJ, 08902
11/12/22	12-6pm	OH	FITA®	JOANNA	OAKLEY - 4700 MARBURG AVE, CINCINNATI, OH, 45209
11/12/22	12-6pm	AZ	FITA®	BARBIE	ORO VALLEY - 8850 N ORACLE RD, ORO VALLEY, AZ, 85704
11/13/22	12-2:30pm	FL	BODY WORKS	LEE	ATLANTIC @ KERNAN - 11901 ATLANTIC BLVD STE 800, JACKSONVILLE, FL 32225
11/13/22	2:30-5pm	FL	KICKBOX CARDIO	LEE	ATLANTIC @ KERNAN - 11901 ATLANTIC BLVD STE 800, JACKSONVILLE, FL 32225
11/13/22	12-2:30pm	TX	BODY WORKS	KATHIE	LEON VALLEY - 5601 BANDERA RD, LEON VALLEY, TX, 78238
11/13/22	2:30-5pm	TX	KICKBOX CARDIO	KATHIE	LEON VALLEY - 5601 BANDERA RD, LEON VALLEY, TX, 78238
11/13/22	12-2:30pm	IL	BODY WORKS	LORI	NILES - TOUHY - 5701 W TOUHY AVE, NILES, IL, 60714
11/13/22	2:30-5pm	IL	KICKBOX CARDIO	LORI	NILES - TOUHY - 5701 W TOUHY AVE, NILES, IL, 60714
11/13/22	12-2:30pm	NJ	BODY WORKS	JOY	NORTH BRUNSWICK - 536 MILLTOWN ROAD, NORTH BRUNSWICK, NJ, 08902
11/13/22	2:30-5pm	NJ	KICKBOX CARDIO	JOY	NORTH BRUNSWICK - 536 MILLTOWN ROAD, NORTH BRUNSWICK, NJ, 08902
11/13/22	12-2:30pm	OH	BODY WORKS	JOANNA	OAKLEY - 4700 MARBURG AVE, CINCINNATI, OH, 45209
11/13/22	2:30-5pm	OH	KICKBOX CARDIO	JOANNA	OAKLEY - 4700 MARBURG AVE, CINCINNATI, OH, 45209
11/13/22	12-2:30pm	AZ	BODY WORKS	BARBIE	ORO VALLEY - 8850 N ORACLE RD, ORO VALLEY, AZ, 85704
11/13/22	2:30-5pm	AZ	KICKBOX CARDIO	BARBIE	ORO VALLEY - 8850 N ORACLE RD, ORO VALLEY, AZ, 85704
DATE	TIME	ST	TRAINING/WKSP	PRESENTER	LOCATION
12/2/22	4-6pm	AZ	POWER CIRCUIT	BARBIE	AHWATUKEE WEST - 4836 E. CHANDLER BLVD, PHOENIX, AZ, 85048
12/2/22	6-8pm	AZ	AQUA FIT	BARBIE	AHWATUKEE WEST - 4836 E. CHANDLER BLVD, PHOENIX, AZ, 85048
12/2/22	4-6pm	NY	POWER CIRCUIT	JOY	LAKE SUCCESS - 1111 MARCUS AVENUE, NEW HYDE PARK, NY, 11042
12/2/22	6-8pm	NY	AQUA FIT	JOY	LAKE SUCCESS - 1111 MARCUS AVENUE, NEW HYDE PARK, NY, 11042
12/2/22	4-6pm	FL	POWER CIRCUIT	LEE	MIAMI WEST FLAGLER - 9291 W FLAGLER ST, MIAMI, FL, 33174
12/2/22	6-8pm	FL	AQUA FIT	LEE	MIAMI WEST FLAGLER - 9291 W FLAGLER ST, MIAMI, FL, 33174
12/2/22	4-6pm	CA	POWER CIRCUIT	MONICA	RIVERSIDE MAGNOLIA - 10988 MAGNOLIA AVE, RIVERSIDE, CA, 92505
12/2/22	6-8pm	CA	AQUA FIT	MONICA	RIVERSIDE MAGNOLIA - 10988 MAGNOLIA AVE, RIVERSIDE, CA, 92505
12/3/22	12-6pm	AZ	FITA®	BARBIE	AHWATUKEE WEST - 4836 E. CHANDLER BLVD, PHOENIX, AZ, 85048
12/3/22	12-6pm	NY	FITA®	JOY	LAKE SUCCESS - 1111 MARCUS AVENUE, NEW HYDE PARK, NY, 11042
12/3/22	12-6pm	FL	FITA®	LEE	MIAMI WEST FLAGLER - 9291 W FLAGLER ST, MIAMI, FL, 33174
12/3/22	12-6pm	CA	FITA®	MONICA	RIVERSIDE MAGNOLIA - 10988 MAGNOLIA AVE, RIVERSIDE, CA, 92505
12/4/22	12-2:30pm	AZ	BODY WORKS	BARBIE	AHWATUKEE WEST - 4836 E. CHANDLER BLVD, PHOENIX, AZ, 85048
12/4/22	2:30-5pm	AZ	KICKBOX CARDIO	BARBIE	AHWATUKEE WEST - 4836 E. CHANDLER BLVD, PHOENIX, AZ, 85048
12/4/22	12-2:30pm	NY	BODY WORKS	JOY	LAKE SUCCESS - 1111 MARCUS AVENUE, NEW HYDE PARK, NY, 11042
12/4/22	2:30-5pm	NY	KICKBOX CARDIO	JOY	LAKE SUCCESS - 1111 MARCUS AVENUE, NEW HYDE PARK, NY, 11042
12/4/22	12-2:30pm	FL	BODY WORKS	LEE	MIAMI WEST FLAGLER - 9291 W FLAGLER ST, MIAMI, FL, 33174
12/4/22	2:30-5pm	FL	KICKBOX CARDIO	LEE	MIAMI WEST FLAGLER - 9291 W FLAGLER ST, MIAMI, FL, 33174
12/4/22	12-2:30pm	CA	BODY WORKS	MONICA	RIVERSIDE MAGNOLIA - 10988 MAGNOLIA AVE, RIVERSIDE, CA, 92505
12/4/22	2:30-5pm	CA	KICKBOX CARDIO	MONICA	RIVERSIDE MAGNOLIA - 10988 MAGNOLIA AVE, RIVERSIDE, CA, 92505
12/9/22	4-6pm	OH	POWER CIRCUIT	JOANNA	BROOKLYN TIEDEMAN - 5000 TIEDEMAN ROAD, BROOKLYN, OH, 44144
12/9/22	6-8pm	OH	AQUA FIT	JOANNA	BROOKLYN TIEDEMAN - 5000 TIEDEMAN ROAD, BROOKLYN, OH, 44144
12/9/22	4-6pm	TX	POWER CIRCUIT	LORI	DALLAS GREENVILLE - 5500 GREENVILLE AVE, SUITE 100, DALLAS, TX, 75206
12/9/22	6-8pm	TX	AQUA FIT	LORI	DALLAS GREENVILLE - 5500 GREENVILLE AVE, SUITE 100, DALLAS, TX, 75206

12/9/22	4-6pm	TX	POWER CIRCUIT	KATHIE	MAR*QE - 7620 KATY FREEWAY STE. 200 HOUSTON TX 77024
12/9/22	6-8pm	TX	AQUA FIT	KATHIE	MAR*QE - 7620 KATY FREEWAY STE. 200 HOUSTON TX 77024
12/10/22	12-6pm	OH	FITA®	JOANNA	BROOKLYN TIEDEMAN - 5000 TIEDEMAN ROAD, BROOKLYN, OH, 44144
12/10/22	12-6pm	TX	FITA®	LORI	DALLAS GREENVILLE - 5500 GREENVILLE AVE, SUITE 100, DALLAS, TX, 75206
12/10/22	12-6pm	TX	FITA®	KATHIE	MAR*QE - 7620 KATY FREEWAY STE. 200 HOUSTON TX 77024
12/11/22	12-2:30pm	OH	BODY WORKS	JOANNA	BROOKLYN TIEDEMAN - 5000 TIEDEMAN ROAD, BROOKLYN, OH, 44144
12/11/22	2:30-5pm	OH	KICKBOX CARDIO	JOANNA	BROOKLYN TIEDEMAN - 5000 TIEDEMAN ROAD, BROOKLYN, OH, 44144
12/11/22	12-2:30pm	TX	BODY WORKS	LORI	DALLAS GREENVILLE - 5500 GREENVILLE AVE, SUITE 100, DALLAS, TX, 75206
12/11/22	2:30-5pm	TX	KICKBOX CARDIO	LORI	DALLAS GREENVILLE - 5500 GREENVILLE AVE, SUITE 100, DALLAS, TX, 75206
12/11/22	12-2:30pm	TX	BODY WORKS	KATHIE	MAR*QE - 7620 KATY FREEWAY STE. 200 HOUSTON TX 77024
12/11/22	2:30-5pm	TX	KICKBOX CARDIO	KATHIE	MAR*QE - 7620 KATY FREEWAY STE. 200 HOUSTON TX 77024